

**EARLY YEARS LIFE STAGES (EY)**

**LONG TERM OUTCOME: Children are ready to start nursery and school. Parents and carers are responsive to their children's developmental needs.**

**Target Group**

**Outcomes 1-2 Years (EY)**

**Outcomes 3-4 Years (EY)**

**Outcomes 4-5 Years (EY)**

**Background & Context**

- Priorities**
- Targeting services to reduce inequalities
  - Shifting resources upstream to deliver preventive services.
  - Ensuring that we obtain the maximum impact for our expenditure.

Children under the age of 5 (and under the age of 3 in particular) who are living in households where a parent or carer is misusing substances.

- Reference material:
- GIRFEC
  - Early Years Framework

1. EY Children develop effective social skills
2. EY Children and their families engage with services as a preventative approach to tackling disadvantage and abuse
3. EY Children /parents & carers are aware of healthy lifestyles and nutritious diet and have means to provide
4. EY Children/ parents & carers receive appropriate and timely health & wellbeing interventions
5. EY Children/ parents & carers have access to acceptable, available and flexible services
6. EY Children/ parents & carers receive appropriate multi agency support including substance misuse services
7. EY Parents & carers experience opportunities to develop emotional and mental wellbeing
8. EY Children/ parents & carers are given opportunities to participate positively in their community
9. EY Parents & carers become more confident to use appropriate services for themselves and their children
10. EY Parents & carers understand the benefits of and can support structured and unstructured play
11. EY Parents & carers are aware of and can access learning support, literacy support, library services and other educational opportunities
12. EY Mothers of new babies are encouraged and supported to breastfeed
13. EY Parental & carer income is maximised
14. EY Parents & carers understand how to maintain good oral health

15. EY Children develop appropriate resilience
16. EY Parents/carers engage in opportunities
17. EY Children have a healthy diet – appropriate to their development
18. EY Parents/carers are more aware on how to keep their children safe and healthy
19. EY Parents/carers are not using substances harmfully
20. EY Families housing needs are appropriately met
21. EY Children have improved oral and dental health
22. EY Parent/carers and child relationship are more positive
23. EY Children live in a community environment which is safer and more secure

24. EY Children parents & carers feel physically and mentally healthy, included, and are respected and responsible.
25. EY Parents/carers increase their competencies for life and work
26. EY Increase the number of parents/carers playing an active role in their community
27. EY Children are confident learners and contributors
28. EY Parents/carers and children's living environment is safe, secure and comfortable

## School age Lifestage Planning (SA)

**LONG TERM OUTCOME: Everyone's life chances are maximised by improving their educational attainment to become successful learners, confident individuals, and responsible citizens and effective contributors**

### Target Group

Children and young people at risk of failing to achieve their potential owing to serious adverse circumstances

Reference material:  
See references related to interventions

### Outcomes 1-2 Years (SA)

1. SA Children/young people are aware of a nutritious diet and healthy lifestyle
2. SA Children/young people have opportunities for regular physical activity
3. SA Children/young people receive appropriate and timely health and wellbeing interventions
4. SA Children/young people and their families have access to acceptable, available and flexible services
5. SA Emotional/behavioural
6. SA Children/young people and their families engage with services as a preventative approach to tackling disadvantage and abuse
7. SA children/young people and their families receive appropriate multi agency support
8. SA children/young people who present challenging behaviour are identified early and supported positively: particularly during transitions
9. SA children/young people experience opportunities to develop emotional intelligence and mental wellbeing
10. SA children/young people are given opportunities to participate positively in their community
11. SA Achievement and attainment
12. SA children/young people have equal access to formal and informal educational opportunities
13. SA children/young people meet identified short and long term learning targets

### Outcomes 3-4 Years (SA)

14. SA Children/yp often make healthy food choices
15. SA Children/yp are sufficiently active to ensure wellbeing
16. SA Children/yp value themselves and their physical wellbeing
17. SA Children/yp are aware of how to keep themselves safe/healthy
18. SA Children/yp and their families engage with services to tackle inequalities
19. SA Emotional/behavioural
20. SA Children/yp are protected from abuse
21. SA Children/yp with additional needs and their families are effectively and consistently supported by all agencies
22. SA Children/yp benefit from positive parenting
23. SA Children/yp experience effective transitions
24. SA Children/yp interact with positive role models leading to increased ambition and aspirations
25. SA Children/yp live in a community environment which is safer and more secure
26. SA Achievement and attainment
27. SA Children/yp are fully engaged in interventions/support provided by partner agencies
28. SA Children/yp attain, achieve and make very good progress from their prior levels of attainment

### Outcomes 4-5 Years (SA)

29. SA Children/yp achieve their optimal state of health and wellbeing through appropriate family engagement with services
30. SA The gap between the most and least healthy is reduced
31. SA Children/yp become well adjusted adults who are able to participate in stable relationships and become good citizens and good parents
32. SA All children and vulnerable adults have safe lives
33. SA All people in West Lothian live in balanced well designed sustainable communities where they can access the high quality amenities and services they need.
34. SA Children /yp are successful and confident learners and are positively involved in their community and wider society
35. SA All young people have the knowledge and skills to proceed to adult working life.

### Background & Context

Demographic predictions tell us that the number of children living in West Lothian will continue to grow. We need to plan well to ensure that services are appropriate and effective.  
**POLICY FRAMEWORKS – Curriculum for excellence Hall 4 Child at the Centre GIRFEC Early years f**

#### Priorities

Targeting services to reduce inequalities

Shifting resources upstream to deliver preventive services.

Ensuring that we obtain the maximum impact for our expenditure.

# YOUNG PEOPLE LIFE STAGES (YP)

LONG TERM OUTCOME: Our young people are successful learners, confident individuals, effective

## Target Group

Young people aged 14 – 25 in need of additional support to achieve positive transitions

Reference material:

- CHCP
- HEAT targets
- MCMC strategy
- VAW

## Outcomes 1-2 Years (YP)

1. YP All young people will increase their confidence and become more competent mothers/parents
2. YP Increase in screening for domestic abuse and substance use problems
3. YP Young people will maximise their economic circumstances
4. YP Young people will increase their take up of health services
5. YP Increased police response to perpetrators targeting young people
6. YP Reduction in STI's and unintended pregnancies
7. YP Reduction in mcmc+ cohort
8. YP Young people have an identified key worker
9. YP Increase participation in programmes which address/reduce offending behaviour
10. YP Reduction in custodial sentences
11. YP Increase participation in employability programmes
12. YP Reduction in substance misuse and associated harm
13. YP Improved access to suitable housing with appropriate support
14. YP Increase the number of young people entering employment, education or training.

## Outcomes 3-4 Years (YP)

15. YP Increased confidence to make better choices and decisions.
16. YP Half the use of custody-particularly focused on women (50%).
17. YP Reduction in reconviction for those in the target group.
18. YP Decrease in substance misuse related harm.
19. YP Improvement in economic circumstances and financial inclusion..
20. YP All have access to appropriate services to enable them to manage living circumstances better.
21. YP Reduction in exposure to violence and abuse
22. YP More individuals with a mental health problem are engaged in brief interventions

## Outcomes 4-5 Years (YP)

23. YP More young people are effective citizens, are able to access sustainable destinations and are able to make and sustain appropriate and effective family and social relationship.
24. YP More young people are able to engage effectively and sustain long term education, employment and training opportunities
25. YP More young people's living circumstances are appropriate, safe and secure
26. YP More young people are making confident and effective decisions
27. YP More young people choose not to offend or re offend

## Background & Context

### Priorities

Targeting services to reduce inequalities

Shifting resources upstream to deliver preventive services.

Ensuring that we obtain the maximum impact for our expenditure.

## Background & Context

Areas within West Lothian continue to display high levels of economic inactivity. Poor health, low educational attainment and high levels of unemployment are characteristics displayed by adults of working age living within challenging areas of West Lothian. Changes to benefit legislative in the UK has meant that for the first time numerous women previously engaged in full time childcare are now to return to the labour market. This will bring a number of challenge both for the individual who often has little work experience and the West Lothian economy in terms of supporting women returner to the labour market.

### Priorities

Targeting services to reduce inequalities

Shifting resources upstream to deliver preventive services.

Ensuring that we obtain the maximum impact for our expenditure.

## LIFE STAGES – ADULT (A)

**LONG TERM OUTCOME:** Every adult has the confidence, skills and ability to secure and sustain employment

### Target Group

Adults aged 25 – 40 on a health related benefit.

Women returning to the job market after a long period of exclusion

### Reference material:

- SOA
- CHCP
- HEAT targets
- Economic Strategy
- Scottish Skills Strategy
- Towards a mentally flourishing Scotland

### Outcomes 1-2 Years (A)

1. A More people have an understanding of mental health and wellbeing issues
2. A More adults know the benefits of a good diet and can access nutritious meals
3. A More adults have the skills and information they need to maximise their income
4. A More people are able to travel to work and training
5. A More adults can access training and accredited opportunities
6. A More adults are aware of the impact of alcohol, drugs and smoking
7. A More adults are able to access mainstream services including health services, adult basic education, career guidance and employability support

### Outcomes 3-4 Years (A)

8. A Increase the number of adults who feel good about themselves
9. A Increase awareness of consumer rights, health rights and employment rights.
10. A Increase the number of adults accessing lifelong learning
11. A Increase adults capacity for literacy and numeracy
12. A Increase the number of adults with sufficient income
13. A Increase the number of adults with job related skills
14. A Increase the number of adults accessing support for drug and alcohol related problems
15. A More adults with mental health problems are able to access appropriate support
16. A Increase the number of adults receiving affordable childcare

### Outcomes 4-5 Years (A)

17. A Increase the number of adults playing an active part in their community
18. A More adults are feeling mentally and physically healthier
19. A More adults feel safer and more secure in their community and home environment
20. A More adults are working in sustainable employment
21. A More adults are economically active

# OLDER PEOPLE'S LIFE STAGES (OP) ADDRESSING THE NEEDS OF AN AGEING POPULATION

**LONG TERM OUTCOME:** Older people live longer, healthier, more independent and fulfilling lives within a safe & supportive community and continue to learn and develop.

## Background & Context

The population of West Lothian is projected to grow rapidly over coming years & the older population is set to grow faster than any other group.

### Priorities

Targeting services to reduce inequalities

Shifting resources upstream to deliver preventive services.

Ensuring that we obtain the maximum impact for our expenditure.

## Target Group

Older people in the target group are most at risk of poor health outcomes and low quality of life particularly during times of transition.

### Reference material:

- Older People Service Statement (Social Policy)
- Dementia Service Statement (Social Policy)
- CHCP
- HEAT targets

## Outcomes (OP)

1. OP Older people not in receipt of care are better able to look after themselves
2. OP Paid /unpaid Carers are better able to care for older people
3. OP Older people increase their confidence to make effective choices and plan their care
4. OP People improve their ability to access appropriate transport and leisure activities
5. OP Reduce risks associated with harmful substance misuse.
6. OP Older people views influence community safety strategy/ policy.

## Outcomes (OP)

7. OP Increased access to a range of meaningful activities contributing to personal growth.
8. OP Paid/unpaid carers are skilled & empowered as effective carers.
9. OP Reduced harm from substance misuse.
10. OP Improvement in living circumstances
11. OP Increase in timeous and appropriate interventions.
12. OP Older people feel safer in their living environment and their communities.

## Outcomes (OP)

13. OP The gap between the most & least healthy is reduced.
14. OP Fewer older people live in poverty.
15. OP Older people maximise their ability to remain independent.