

ARMADALE & BLACKRIDGE

Armadale

Organisations	Services provided	Contact details	Areas service
The Dale Hub	<ul style="list-style-type: none"> • Remote emotional support via text/phone/ social media etc. • Group video support • Distribution of essentials (food/ toys/ toiletries) with doorstep support 	Angela Douglas 01501 733248 angela@fcdwl.org	Armadale, Blackridge & Westfield
Armadale Thistle Football Club	<ul style="list-style-type: none"> • Support with shopping, prescriptions, etc 	Bill Baird 01501 730454 billwbaird@aol.com	Armadale

Blackridge

Organisations	Services provided	Contact details	Areas service
Blackridge Community		Blackridge Help Page - Covid 19	Blackridge

Torphichen

Organisations	Services provided	Contact details	Areas service provided
Torphichen Community Council	food deliveries, pick up prescriptions, dog walking, etc	Torphichen Facebook 07887 867119	Torphichen

Westfield

Organisations	Services provided	Contact details	Areas service
Westfield Parent Council	<ul style="list-style-type: none"> • Food, prescriptions, appointments etc • School lunches being distributed from the school between 12-1.30pm. • Delivering food packages, leaflet delivery. 	Tania Burns 07837 007245 / 0131 468 0145 tania.tradesdirect@gmail.com	Westfield & Brighouse

BATHGATE

Bathgate

Organisations	Services provided	Contact details	Areas service
Bathgate Coronavirus Community help	<ul style="list-style-type: none">•listening ear•picking up and delivering prescriptions•shopping•hearing aid batteries etc	Rosslyn Clowe rosslyn_barr@hotmail.com 07584 421710 Bathgate Coronavirus Community help	Bathgate & Boghall

Boghall

Organisations	Services provided	Contact details	Areas service provided
Boghall Drop In Centre	<ul style="list-style-type: none">•Meal provision including delivery for the elderly and isolated•Breakfast & lunch Club•Access to computers - prebookable appointment . Priority will be given to credit claimants, children and young people.•Items will be made available for those whose work places have closed or whose income has been affected by the coronavirus (Covid – 19).	Kelly Drummond 01506 283201 kelly@bdic.org.uk Boghall Drop In Centre Facebook	Boghall & Bathgate

BROXBURN, UPHALL & WINCHBURGH

Broxburn

Organisations	Services provided	Contact details	Areas service
Broxburn & Uphall Coronavirus Community Help	This group has been set up to help those vulnerable residents of the Broxburn & Uphall area through the challenges and affects of coronavirus	Broxburn & Uphall Coronavirus Community Help Facebook	Broxburn & Uphall

Uphall

Organisations	Services provided	Contact details	Areas service provided
Uphall Helping Hands	Support with shopping/posting mail, friendly phone calls to residents affected by COVID19 in Uphall	Uphall Helping Hands Facebook	Uphall

Winchburgh

Organisations	Services provided	Contact details	Areas service provided
Wichburgh Helping Hands/ Winchburgh CDT	Support with shopping/posting mail, friendly phone calls to residents affected by COVID19 in Winchburgh. Keen for volunteers to help. Looking to help with a local food delivery service.	www.winchburghcgg.co.uk/helpinghand www.onewinchburgh.info	Winchburgh

EAST LIVINGSTON & EAST CALDER

Craigshill

Organisations	Services provided	Contact details	Areas service provided
Daisy Drop In		Elaine 01506 238998 07949 750305	Craigshill
West Lothian Youth Action Project	<ul style="list-style-type: none"> • Community Fridge Thursday & Friday mornings at Riverside Wing • Hot meals, deliveries and collections 	Helen Davis helen@wlyap.org.uk 07719 716913 For food parcel requests: riverside@wlyap.org.uk	Craigshill
Livingston Festival Association	<ul style="list-style-type: none"> • Picking up/ collecting prescriptions • Shopping • Phone call befriending for the lonely • Tradesmen for emergency repairs plumbing, electrician and joiner. Use of vans, cars 	Fiona McLeod Feemac1981@hotmail.co.uk Frank Mc Alistair (Resident/Community Volunteer) 07538 184376 Franko1976@outlook.com Deborah Carson (Resident/Community volunteer) 07528 233725 Debbie1carson@gmail.com	Craigshill
Almond Housing Association (AHA)	<ul style="list-style-type: none"> • Actively supporting both the Ladywell and Craigshill Community Fridges • Whats App video calls to support AHA tenants • Co-ordinating grant applications to support individuals • Part of the West Lothian Food Network who are currently co-ordinating food supplies during this coronavirus outbreak 	Barbara Boertien 07921 526847 barbara.boertien@almondha.org.uk	Craigshill, Ladywell & AHA areas
Craigshill NN	Providing telephone on line contact and assistance across the region.	Jane Deary 07473 102669 janecgnn@gmail.com	

EAST LIVINGSTON & EAST CALDER

East Calder

Organisations	Services provided	Contact details	Areas service
East Calder CDT	<ul style="list-style-type: none"> • Collecting shopping • Prescriptions • and chat on phone (via church listeners) 	Morag Lyall (Director) Chris Davidson (Director) 01506 888525 ecmcinfogroup@gmail.com	East Calder & District
Kirknewton and East Calder Church of Scotland	<ul style="list-style-type: none"> • Listening support 	Alistair Cowper (Minister) 01506 357083 / 07791 524504 acowper@churchofscotland.org.uk	Kirknewton & East Calder

Kirknewton

Organisations	Services provided	Contact details	Areas service
Kirknewton CDT	<ul style="list-style-type: none"> • Deliveries of supplies or foodfuel poverty advice • Guidance for who to approach money issues • Person to talk to (on phone) • Providing key and factual information • Sharing key activities to do during lockdown Kirknewton Coronavirus updates	Tony Foster (CEO) 07734 884320 tonykirknewton@gmail.com Shop contact 01506 885331 <i>leave message for Ian Watt (Community Council Member) or Maria Bathgate (Volunteer Co-Ordinator)</i>	Kirknewton & Wilkieston

EAST LIVINGSTON & EAST CALDER

Mid Calder

Organisations	Services provided	Contact details	Areas service
Mid Calder CC & Kirk of Calder Elders	Collecting essentials such as: <ul style="list-style-type: none">• Shopping• prescriptions• Someone to talk to	Eleanor Blair (Secretary) 07823 328609 eblair892@btinternet.com Rev. John Povey (Minister Kirk of Calder) 01506 882495	Mid Calder

Pumpherston

Organisations	Services provided	Contact details	Areas service
Pumpherston Community Council	<ul style="list-style-type: none">• Providing social support via a friendly phone call or councillor support via Neil's Hugs Foundation• Prescription Uplift and Delivery• Food Shopping and delivery• Cooked Meals• Transport to hospital appointments• Advice and signposting to appropriate agencies and organisations.	Karen Rogers pumpherstoncomm@gmail.com karen@325consultancy.com 07534 761457 Pumpherston Community Council Facebook	Pumpherston

Uphall Station

Organisations	Services provided	Contact details	Areas service
Uphall Station & Pumpherston Coronavirus help group		Uphall Station & Pumpherston Coronavirus help group Facebook	Uphall Station & Pumpherston

FAULDHOUSE & BREICH VALLEY

Fauldhouse

Organisations	Services provided	Contact details	Areas service
Fauldhouse and Breich Valley Coronavirus Help volunteers	<ul style="list-style-type: none"> • If you live locally and if you are self isolating due to COVID-19, local volunteers could help you with: <ul style="list-style-type: none"> picking up shopping or urgent supplies • posting mail • having a friendly phone call 	<p>07599 442 822 info@fauldhouse.org.uk</p> <p>Fauldhouse and Breich Valley Coronavirus Help Facebook</p>	Fauldhouse & Breich Valley

Polbeth

Organisations	Services provided	Contact details	Areas service
Polbeth Community Hub	<ul style="list-style-type: none"> • Advice • Access to food • Welfare right information • Food distributions • Delivery of meals • Daily phone calls to check on people 	<p>Errin Anderson 01506 536123 errin@polbeth.org</p>	Polbeth

West Calder

Organisations	Services provided	Contact details	Areas service
West Calder and Harburn Community Development Trust	<ul style="list-style-type: none"> • We are still running our Brunch Club but as a delivery service • Free meal delivery service to local elderly and vulnerable people in West Calder and surrounding area • We can also pick up prescriptions and shopping 	<p>Brunch Club @ Home inquiries should be made on 07926 172029.</p> <p>Volunteer inquiries should be made to getinvolved@westcalder.org</p> <p>Requests for support and general inquiries can be made on 01506 872931 or at cdt@westcalder.org</p>	West Calder, Harburn & Polbeth directly, Addiewell & Breich in partnership with other local organisations.

FAULDHOUSE & BREICH VALLEY

Stoneyburn

Organisations	Services provided	Contact details	Areas service provided
Stoneyburn and Bents Future Vision Group SCIO	Free meal delivery service to local elderly, vulnerable and those self isolating in Stoneyburn and Bents .We can also pick up prescriptions and shopping. Telephone service to our vulnerable residents. Pennies Pantry service in partnership with WLFIN. Blether Service - Weekly calls for anyone who would benefit from a friendly chat.	<p>07399 231814 sbfvg1@gmail.com www.facebook.com/sbfvg</p> <p><i>If you are able to volunteer please contact the Group</i></p>	

LINLITHGOW

Linlithgow

Organisations	Services provided	Contact details	Areas service
Linlithgow Link	Support for isolated by illness, age, or infirmity in Linlithgow & Linlithgow Bridge. Can support with food/prescription pick up through volunteers. Also offer befriending call service to its clients	www.linlithgowlink.org.uk	Linlithgow & Linlithgow Bridge
Linlithgow Coronavirus Support (led by St Michael's Parish Church)	Delivering food and prescriptions to vulnerable or isolated people, phone befriending, emotional support	Liam Fraser 07539 127265 lfraser@churchofscotland.org.uk	Linlithgow

LIVINGSTON NORTH

Livingston North Wide

Organisations	Services provided	Contact details	Areas service
St. Peter's RC Church	<ul style="list-style-type: none">• Phone buddy system for parishioners• Support with shopping	Father Simon Hughes 01506 438787 cymonul@gmail.com	Livingston North

Carmondean

Organisations	Services provided	Contact details	Areas service
Livingston United Parish Church	Help can be provided with delivering shopping, providing baking and meals and especially providing a phone call service (either one off or regular check in).	Ken Brown 07366622365 kenneth.brown@churchofscotland.org.uk	Throughtout Livingston (Knightsridge, Ladywell, Howden, Craigshill, Dedridge, Murieston & Carmondean)

Knightsridge

Organisations	Services provided	Contact details	Areas service
The Vennie	<ul style="list-style-type: none">• Food Outlet on Tuesdays from noon at Mosswood Community Centre.• Costs of food are by donation (where possible/affordable)• Can deliver food from the food outlet and shopping for people at risk.	Tom Heron 01506 432094 admin@thevennie.co.uk www.thevennie.co.uk Knightsridge Community News Facebook	Knightsridge

LIVINGSTON SOUTH

Livingston South Wide

Organisations	Services provided	Contact details	Areas service
Lanthorn Management Committee	<ul style="list-style-type: none"> • Groceries • Prescriptions • Community food shop on a Wednesday 	<p>Donna Lee 07869 507241 donna.lanthorn77@hotmail.com</p> <p>Karyn Kirton 07387 932523</p> <p>Mairi Dalglish 07774 023927</p>	Dedridge, Adambrae & Murieston

Ladywell

Organisations	Services provided	Contact details	Areas service
Ladywell Community Fridge, LNN and Baptist Church	<ul style="list-style-type: none"> • collection and deliveries of foodstuffs for the Fridge • collection/delivery of shopping • Prescriptions • phone calls • Community fridge, Friday afternoons from Ladywell Baptist Church 	<p>Ann Lee 07565 536398 ladywellnn@hotmail.com</p> <p>Sybil Scott 07841 290184 sybil.scott45@outlook.com</p> <p>Ladywell Community Fridge Facebook</p>	Ladywell, Eliburn, Howden & Livingston Village
Inveralmond Community High School	<ul style="list-style-type: none"> • We are providing hot meals to take away for pupils who receive Free school meals • Also providing sanitary towels and books for Young people of all ages • delivering food parcels to those self-isolating. 	<p>Suzie Young suzie.young@westlothian.org.uk</p>	

LIVINGSTON SOUTH

Murieston

Organisations	Services provided	Contact details	Areas service provided
Murieston Community Council	<ul style="list-style-type: none">• Community Council• Possibly food distribution	Davidson McQuarrie (Secretary) 07504 561029 davidson.mcquarrie@	Murieston

Howden

Organisations	Services provided	Contact details	Areas service
Salvation Army	Phone calls to those who may feel isolated and help with any urgent supplies	Captain Lisa Cunningham Lisa.Cunningham@salvationarmy.org.uk 01506 430272 / 07818 689929	Howden & Livingston

WHITBURN & BLACKBURN

Blackburn

Organisations	Services provided	Contact details	Areas service provided
Community Action Blackburn (CAB)	Working with football club to roll out the Brunch club using the football clubs premises.	<p>Lisa Drinnan 07808 698975 projectmanager.cab@gmail.com</p> <p>Alison Kerr 07889 202504</p> <p>Brian Smillie 07769 314387 brian.smillie@gmail.com</p>	Blackburn
Blackburn Family Centre	Distribution of food packages, etc to vulnerable people	<p>Jacalyn Sinnott childcare.blackburnfamilycentre@hotmail.com</p>	Blackburn & some surrounding areas

Whitburn

Organisations	Services provided	Contact details	Areas service provided
Whitburn Community Development Trust	<p>Open weekdays between 10-12, for Community Fridge service.</p> <p>Recruiting volunteers to support us in collecting surplus food across the community and county; delivering food parcels; picking up and delivering prescriptions.</p> <p>Working with online Facebook groups to help enable a Whitburn-wide response.</p>	<p>David MacDonald 01501 748708 david@whitburncdt.org.uk</p> <p>Carole Volunteer@whitburncdt.org.uk</p>	Whitburn
St Barbara Catholic Parish	<p>St Barbara Catholic Parish consists of Churches in Whitburn(St Joseph's) and Armadale (Sacred Heart and St Anthony's). We have formed a volunteer's group of 8 people who are able to reach out to the needy ones in Armadale and Whitburn.</p>	<p>Fr Sebastian Thuruthippillil 01501 740348</p>	Whitburn & Armadale

WEST Lothian OR MULTIWORD WIDE

West Lothian Wide

Organisations	Services provided	Contact details	Areas service
Crosspoints Community Church	<ul style="list-style-type: none"> • Delivery of Medicines • shopping • phone call 	Robert Bell (Pastor) robertbell40.rb@gmail.com rob@theheraldstrust.org 07939 038179	West Lothian
The Food Train	Food shopping and delivery service during this time for over 65s.	Jenny White 07801 707736 jenny@thefoodtrain.co.uk	West Lothian
Youth Action Project	Collection of any donations & Food parcels - Deliveries West Lothian wide providing produce is available prescription deliveries. Website - information for young people and parents. Exercise - In urgent cases support an hour bike rides or walk for most challenging young people, adhering to social distancing.	Helen Davis 07719 716913 helen@wlyap.org.uk <i>For organisations and groups food parcel requests</i> riverside@wlyap.org.uk	West Lothian
Home-Start West Lothian	<ul style="list-style-type: none"> • Remote/Phone Support • Helping with distribution of essential items 	Allie Cherry-Byrnes 01506 415755 allie@homestartwl.org.uk	West Lothian
West Lothian Bike Library	<ul style="list-style-type: none"> • A range of Bicycles for use by children for exercise or for essential staff commuting to work. • Free servicing and repairs of bikes, contribution to cost of the parts if possible 	David Liddell 07724 667321 Info@wlbikelibrary.co.uk	West Lothian

WEST LoTHIAN OR MULTIWORD WIDE

West Lothian Wide

Organisations	Services provided	Contact details	Areas service
West Lothian Foodbank	<ul style="list-style-type: none"> • Emergency food still provided to people in crisis, but partially through home delivery now • Food will be delivered to a lot of service users now, rather than have them pick up food at one of the distribution centre's 	<p>Kathleen Neilly 01501 229307 Kathleen@westlothian.foodbank.org.uk</p> <p>Steven Turnbull 07785 721454 Support@westlothian.foodbank.org.uk</p>	West Lothian
The Smith-Magenis Syndrome (SMS) Foundation UK	Switched to hosting video social calls, and information and support phone line. Extensive support on social media. Have suspended research projects, physical social events and in person family support, and small grants scheme.	<p>Nigel Over 01506 429970 nigel@smith-magenis.co.uk</p>	
HomeAid	Furniture, transport. Distribution of food and emergency Scottish welfare fund application delivery	<p>Willie Dunn 07887 794975 Ceo@homeaidwestlothian.org</p>	West Lothian
The Larder West Lothian	Fresh food or food parcels to people in their homes. The Larder can do the food and have agreed with Homeaid that they could do the delivery.	<p>Angela Moohan 01506 412819 angela@thelarder.org</p>	
Macmillan Cancer Support	Telephone Befriending	<p>Kathryn Speirs 07801 307086 kspeirs@macmillan.org.uk</p>	West Lothian
Bridge Community Project	Financial Wellbeing, Counselling	<p>Alan Davidson 07976144720 alan@bridgecommunityproject.org.uk</p>	West Lothian

WEST LoTHIAN OR MULTIWORD WIDE

West Lothian Wide

Organisations	Services provided	Contact details	Areas service
Artlink Edinburgh	We continue to engage with our service users remotely through email, WhatsApp and other forms of digital communication. Service users have been set projects, will receive one to one tutorials by artists and can participate in group work through Zoom.	Jan-Bert van den Berg 07779 659054 janbert@artlinkedinburgh.co.uk	
Handicabs	<ul style="list-style-type: none"> • Essential Hospital Appointments • Can deliver food parcels and medication to support isolated individuals 	Kelvin Cochrane 07727 021399 kelvin.cochrane@handicabs.org.uk	West Lothian
West Lothian Financial Inclusion Network	Food distribution, social isolation phone calls	Carol Henry 01501 771775 carol@wlfm.org.uk	West Lothian
Alzheimer Scotland	Online, telephone, social media and digital support	Lesley Millar 07500 498574 lmillar@alzscot.org	
Circle (West Lothian Project)	Staff will be providing support to families over the telephone, via text and e-mail and by using video calling where possible. Workers will contact families regularly to offer as much help as we can such as food	Alex Collop 07703 714764 alex.collop@circle.scot	West Lothian
Safe Families	<ul style="list-style-type: none"> • Telephone support/online support • Picking up food from foodbanks for vulnerable families who are self-isolating 	Andrew Murray 07766 365733 andrewmurray@safefamilies.uk	West Lothian

WEST Lothian OR MULTIWORD WIDE

West Lothian Wide

Organisations	Services provided	Contact details	Areas service provided
Carers of West Lothian	Offering information and advice to all carers and disabled adults in West Lothian as well as signposting to specialist organisations. Helping with any questions in general as well as those relating to Coronavirus. Also offering peer support groups being run via Zoom including Carers Coffee Mornings, mental health support group, bereaved carers support groups, social groups for disabled adults and groups for young carers.	Alison Wright 01506 448000 www.carers-westlothian.com office@carers-westlothian.com	West Lothian
No Limits	Skype Club for members	Paul Weddell 01506 855914 info@nolimitssportsclub.org	West Lothian
Victim Support West Lothian	Telephone, web chat and email support. We can provide information and emotional support via these channels.	Stephanie Simpson victimsupport.westlothian.org.uk @victimsupportsco.org.uk 0800 160 1985	West Lothian
River Kids	We can offer the following to isolated individuals: clothes/toys/books/games/toiletries (if available) and baby items (nappies/wipes) etc. <i>(Requests from community groups are to be made direct, those who normally benefit from our services will need to make a request via their normal contact.)</i>	Lynda Sneddon 07908 148549 lynda@riverkids.org.uk	West Lothian

WEST LoTHIAN OR MULTIWORD WIDE

West Lothian Wide

Organisations	Services provided	Contact details	Areas service provided
The School Bank West Lothian	We are providing educational packs to children who are being home schooled. We are aiming to provide stationery (pens, pencils, paper, erasers, sharpeners), crafts and activities for children who are struggling at home due to having limited resources. We would like to support these children to access some learning opportunities to help them learn at home and support their mental wellbeing. Many families are struggling to purchase these resources during this difficult period.	Kirstin Shemilt 07779 226468 chair@schoolbank-westlothian.org	West Lothian

WEST LoTHIAN OR MultiWORD WIDE

Multiward

Organisations	Services provided	Contact details	Areas service provided
Livingston Round Table	<ul style="list-style-type: none">• collecting and delivering lunches• prescriptions and pick ups	Craig Fowler contact@livingstonroundtable.co.uk or Facebook page	Livingston
Kidzeco	Providing (& delivering) free baby and children's essentials through our KidzStart project to harder to reach families	Tracy Murdoch 07766 522715 tracy.murdoch@kidzeco.net	
Family and Community Development West Lothian	We are providing emergency childcare to key workers and vulnerable children	Raymond Branton 01506 857158 raymond@fcdwl.org	West Lothian <i>(We may be able to deliver supplies in Armadale, Bridgend and Stoneyburn but this depends on staff availability)</i>