



Real Life Volunteers Real Life Community Volunteer Role Description

Reports to: Local Service Manager

Introduction:

To be part of Real Life Volunteer Service providing services that help vulnerable people within the community and supports the work of local Real Life Options teams. Our values of Respect, Honesty, Responsibility & Excellence underpin our approach and all our services recognise people for their individuality and are afforded the same dignity, respect, status and rights as other citizens.

Key Tasks:

Are varied and dependent on the needs of the people we support. We try to match volunteers to people with similar interests and provide opportunities for volunteers to utilise existing skills and knowledge.

- Chatting to and befriending people we support
- Home checks to make sure vulnerable people are safe and well
- Everyday practical household tasks
- Provide information and support to allow people to make informed choices about their lives
- Assist with shopping
- Support with correspondence
- Provide transport
- Support with social outings
- Assisting with pet care
- Assist with food preparation
- Prescription collections
- Support with Gardening and some physical tasks.
- Get involved with Social Events and being vital in improving the social lives of the people we support

Benefits to Volunteers:

- Assisting to support people maintain their independence
- Helping people in their local community
- Personal development
- Meeting new people
- Making friends
- Improving health & wellbeing

Time Commitment:

- Flexible according to the needs of the service and your availability. Any time you can afford or would like to give could make a positive difference to vulnerable people within your community no matter how short or long.

Training:

Real Life Options will provide relevant training for the role including induction and awareness of safeguarding issues. Training will include online learning and face to face sessions.

All volunteer roles will be subject to a PVG check and appropriate references



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Location:

In and around your local community based on the needs of the service and people we support.

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