

Third Sector Older People's Provider Forum
Tuesday May 7th 2024, 10-11.30am
Online only

Chair:	Sylvia Forshaw (Opal)	
Attendees:	Jennifer White (Scottish care)	Andrea Gourlay (Answer House)
	Leigh Anne (Ageing Well)	Graham Stevenson (Home Instead)
	Ann Edwards (Food Train)	Susan Scott (Carers of WL, MIST)
	James Robertson (EARS)	Karen Howe (NHS)
	Allan Dungavel (WL 50+ network)	
Apologies:	Victoria Isbister (VSGWL)	Tracy Kerr (VSGWL)
	Lee MacKenzie (Health in Mind)	Donna MacKay (Sporting Memories)
	Esther Lynn (Reengage)	

1. Welcome & apologies:

The Chair welcomed everyone to the meeting and asked them to introduce themselves.

2. Previous minutes- actions reviewed.

Susan asked for an amendment on Dementia week dates are May 27th – 31st.
Graham added that Alzheimer's Society Alzheimer's week running 13th to 19th.
Scottish dates now confirmed, possibly some confusion with English dates.

3. Guest speaker – Karen Howe: NHS Scotland: It's ok to Ask.

- Realistic Medicine NHS Lothian: How can we work together?
- Recommended by Scottish Government. Shared decision making.
- Patient engagement group work alongside and helping inform project – volunteers welcome.
- Graham said he can see the value of BRAN as they encourage care conversations in their setting and offered space for an article in What's on Where guide and Connect magazine which he contributes too.
- Karen advised posters currently at printers following funding and can pass on when received.
- A link to the NHS Scotland campaign and all resources can be found [here](#) (including in accessible formats and alternative languages). [Posters](#) and [leaflets](#) can be found here. If the group are able to put up posters and/or share the information on websites/social media that would be greatly appreciated.

4. VSGWL Update

- Suicide prevention event – recording on our website.
- Easy Fundraising event 23/04 – information on website.
- Carer Positive information session – recording on our website.
- Mental Health Awareness week May – keep an eye on our social media.

- Work continues on annual report which includes case studies from organisations showcasing the great work happening in the Third Sector.
- MHWB Y4 funding announced by Scottish Government and The Gateway will be inviting applications around September again.
- Service locator – Engaged a new developer to create a better vehicle for information. Once this is done, we will be in touch to ask for accurate up to date information from Orgs.
- The Gateway will soon begin work with an external facilitator to develop a 5-year plan and stakeholder engagement will be a key element.

5. What's on Where Directory (Spring)- Graham

Spring edition launched in March meaning Summer edition due out in June. 1500 copies were distributed in Community inc some GP surgeries. Any share on social media was followed by a spike in downloads, which numbered over 100. Once downloaded, people are given an option to sign up to have future copies emailed to them directly. Printed posters available, same QR code and website link. Short on space on some page – Wednesday and Thursdays are busy! Looking to make some editing changes to fit everything in. Options discussed including font, size and perhaps shortening Org names. Cost effective to increase the number of pages however it's nice to have one double page per day. Open to suggestions, thoughts and feedback on all including article themes, will approach Karen (BRAN). Ann (Food Train) agreed to supply a recipe.

6. Discussion / Consultation: Terms of Reference

Sylvia shared Tracy's update based on small amount of feedback received.

- Name – should we change Older people". Allan advised he is an older person, in the same way that a young person is a young person!
- Should 'Third Sector' be dropped. Graham advised doesn't consider himself Third Sector so would support this. Allan agreed finding the additional wording clunky.
- Fundraising sentence not needed.
- Suggestion of focus group of people who could help with alternatives to phrase "Older People". Susan suggested "Later Life". Senior?

7. Feedback from Senior People's Forum or any relevant meetings

Graham advised presentations all very good and included Susan (MIST), SP Energy, Police Scotland and Adult Support Protection team who spoke about scam awareness. Event was held in Fauldhouse and attendance was more than previous times.

8. West Lothian Council update - none

9. Service Updates

- Opal – Dropped "Older People" from their tagline, now "Opportunities for Active Lives". Felt it was important not to label the people they work with. People over 60 don't necessarily consider themselves to be old. Continuing to develop Community Hub in Bathgate next to WH Smit where people have opportunity to chat and sometimes there's speakers. Won £3000 YPI funding from team at Pinewood School and using this to fund some upgrades to kitchen facilities and signage.
- COWL – Events planned for Dementia Awareness Week: May 27th – 31st including Asda pop up stand and more to be confirmed. Volunteers Week June 3rd – 9th then Carers Week. MIST have

created a steering group and short listed for self-development support worker. CEO Alison is leaving so changes ahead.

- EARS – No updates
- Food Train –Volunteers Week, pop up stands in Bathgate / Blackburn. Launch of new website. Taking referrals and volunteer applications. Still piloting At Home service.
- Scottish Care: No Updates
- 50+ network – Will be at WL College for Dementia Awareness week. 30th anniversary concert later in the year. Have introduced information awareness sessions of relevant topics i.e. 6 legal things for over 50's and Alzheimer's awareness. Will contact Karen about BRAN.
- Answer House: 5 clients on waiting list. Have couple of events this month including trip with some clients to New Lanark and Seagull Trust. Holding Afternoon tea fundraiser May 18th, all tickets sold. Positive outcomes from attending volunteer fair in Armadale, students starting volunteering with them after the summer as part of their course.
- Ageing well: Also participating at WL College event.
- Sporting Memories: Broxburn and Livingston clubs thriving, welcome anyone who wants to attend including volunteers. Working in partnership with Linlithgow rose to start Sporting Memories in Linlithgow early summer, training session on May 22nd.
- Home Instead: Advised that House of the Binns has reopened after renovations. Graham was speaking to National Trust who welcome visitors and are disabled friendly (they have videos they can show people of the rooms upstairs). Also noted nice gardens which make a lovely picnic spot. Care homes regularly use this space, and everyone is welcome. Dementia week – holding an open event for staff and clients on May 30th. Invitation to all in forum. Venue TBC.

ACTIONS

Send spreadsheet link	Graham
Update information on spreadsheet as needed	All members
TOR feedback. Consultation on name?	Tracy
Circulate Sporting Memories Volunteer role	Victoria / Sylvia
Share details of Older Peoples Forum	Graham / Karen