

Third Sector Older People's Provider Forum

Tuesday 1.30pm Hybrid November 18th

Chair: Jamie Seery (50+)

Note Taker: Victoria Isbister (VSGWL)

Present: Jamie Seery (50+), Leighann Bishop (Xcite), Susan Scott (MIST), Ann Edwards (Food Train), Graham Stevenson (Home Instead), Louisa Turner (SOPA)

Apologies: Sylvia Forshaw (Cyrenians OPAL), Andrea Gourlay (Answer House), Donna MacKey (Sporting Memories), Robin Allen (WLC), Marcia Moreira (Health in mind), Emma Stewart-Jones (Generation Arts), Pauline Moffat (Cyrenians OPAL), Tracy Kerr (VSGWL)

- 1. Welcome, apologies, introductions:** Jamie opened the meeting.
- 2. Previous minutes and outstanding actions**
 - Tracy to share info about Archery and Red Cross (completed)
- 3. Guest Speaker: Rob Allen, WLC** - Apologies received, invite to be extended in new year. Action VI
- 4. Guest Speaker:** Acredale House - not confirmed Action VI/TK
- 5. What's on Where Directory update:** Contact Graham if you have any suggestions for articles or service information / changes.
- 6. VSGWL Update:** All welcome at our AGM December 2nd Broxburn, lunch included! [Register to attend](#) Raymond ran a social enterprise event last week and Ray a volunteer conversations event. Both well attended and successful.
- 7. Terms of Reference Review:** Tracy had suggested name change to Positive Ageing Services Forum: this was agreed by members present and no other changes were suggested so date has been updated and it will be posted on our website.
- 8. Service updates (all members)**

Xcite: Services all running as normal. Advertising heavily the new walking group Blackburn as low numbers, understandable given weather. Please help us advertise. Working with MIST on seating exercises classes.

MIST: COWL core contract up for review with Health and Social Care Partnership in March so pulling together information. MIST funded until October 2026 - watch this space! Actively recruiting as result of successful Robertson Trust funding, dedicated support worker for financial inclusion. Attending Carers Rights Event at The Brock 20.11.

Food Train: Busy time of year ahead of Christmas. Held 30th AGM in October, hosted volunteer open day and running annual Secret Santa.

Home Instead: Santa for a Senior campaign - accepting referrals.

Answer house: Had success with A Good thing. A Good thing.org.uk.

SOPA: SOPA.scot. Lots of partners and aiming to bring older people together across Scotland plus empowering local action (like this forum). Also promoting older people champions among councillors and recruiting trustees. Invitation to join online meeting Dec 2nd. Currently canvassing members to see what they want included. Louisa keen to find out what's happening where. "Please share your social media tags with me - Louisa at Scottish Older People's Assembly SOPA - louisa@scotopa.org.uk"

50+: Variety of events including panto, parties and balls for both members and non-members. Membership costs £36 (hardship funding can be accessed if this is a barrier) and recently developed a referral system. Currently in partnership with WL Food bank who are based at 50+ Mon and Wed. Community volunteers delivering information session on CPR / Defib. New groups poised to start in the new year.

9. AOCB

- IJB survey: feedback requested: [Help shape the future of health and social care services in West Lothian - Health & Social Care Partnership](#)
- Meeting dates agreed same day and time: February 17th / April 21st / June 23rd / August 18th / October 20th / December 8th

Actions

1. Invite Acredale house 2026 (VI)
2. Invite Rob Allen 2026 (VI)

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